



HUMANITARIAN / MISSIONS

cross cultural checklist

- Pre-Departure Acculturation Training
- A minimum of 2 professional counseling sessions (with family)
- Comply with all required sending organization's guidelines
- Update Will and Keep IDs (Driver's License, etc.) in-hand
- Passports & Visas
- Ensure insurance emergency coverage abroad and set up international cell phone service
- Complete fund-raising
- Arrange personal finance assistance, including tax-breaks & someone to handle bills
- Set up host contacts & personal transportation
- Research upcoming task responsibility (get prepared for role and responsibility)
- Arrange care package providers (1 per month while away)
- Research host culture

This document may be distributed and used in any way that's helpful to you.

For more, visit <https://goculture.org>