



## *ONE-DAY INTENSIVE SEMINAR*

### 8-9 AM: Introduction

- Discuss Challenges to Cultural Relocation & Implications of Failure [64%]
- Take Assessment (15 Minutes, Use Laptop or Mobile Device)
- Introspective Individual Reflection (Recognize and Highlight High and Low Scores)
  - (Encourage Participants to Focus Valuable Time on Lowest Scores/Growth Areas)
- Break into Groups of 4 or 6 (even numbered)
  - Meet Group Members and Share Results. Discuss Initial Reactions to Results
- Watch & Discuss 3 of the 9 Short Coaching Videos on Intercultural Competencies

### 9-10 AM: Intercultural Competencies (9)

- Briefly Discuss 9 Intercultural Competency Factors (Define and Explain)
- Ask Groups to Talk about Potential Reasons for Relatively Lower Scores in Each Factor
- Make a White-Board List from Each Group's List of Reasons
- Watch & Discuss 3 of the 9 Short Coaching Videos on Intercultural Competencies

## **BREAK**

### 10-11 AM: Intercultural Competencies (9) - Continued

- Ask Groups to Brainstorm Potential Coaching Methods
  - Ask, "If you were coaching someone struggling in the ways listed on the white-board, what would you suggest to help?"
- Compile Corresponding White-Board List to Counteract List of Potential Issues
  - This Method has Proven to Deeply Engage Participants in the Learning Process
  - A Form of Self-Coaching

### 11 AM-12 PM: Videos and Discussion

- Watch & Discuss 3 of the 9 Short Coaching Videos on Intercultural Competencies

## **12-1:30 PM: Lunch Activity as Group**

- As a Large Group or in Small Discussion Groups
- Eat Lunch at a Truly Cross-Cultural Restaurant
- Grab Lunch To-Go and Attend a Cultural Religious Event

### 1:30-2 PM: Quiet Time

- Reflect Privately on Sessions
- Answer the Following Questions Individually
  1. What has this morning's session taught me about myself?
  2. What is one way I have displayed strong intercultural competence in the past?
  3. How can I build from that positive attribute to grow as a global citizen?
  4. What is one area brought to my attention where I could use growth?
  5. What is my plan to address this need moving forward?
  6. What is my first step in addressing this intercultural competency? (Be Tangible)

2-3:15 PM: External Supports (3)

- Briefly Discuss 3 External Support Factors (Define and Explain)
- Ask Groups to Talk about Potential Reasons for Relatively Lower Scores in Each Factor
- Make a White-Board List from Each Group's List of Reasons
- Ask Groups to Brainstorm Potential Coaching Methods
  - Ask, "If you were coaching someone struggling in the ways listed on the white-board, what would you suggest to help?"
- Compile Corresponding White-Board List to Counteract List of Potential Issues
- Watch & Discuss 3 Short Coaching Videos on External Supports

**BREAK**

3:30-4:45 PM: Leadership (3)

- Briefly Discuss 3 Leadership Factors (Define and Explain)
- Ask Groups to Talk about Potential Reasons for Relatively Lower Scores in Each Factor
- Make a White-Board List from Each Group's List of Reasons
- Ask Groups to Brainstorm Potential Coaching Methods
  - Ask, "If you were coaching someone struggling in the ways listed on the white-board, what would you suggest to help?"
- Compile Corresponding White-Board List to Counteract List of Potential Issues
- Watch & Discuss 3 Short Coaching Videos on Leadership

Last 15 Minutes: Make a Plan and Timetable to Follow Up

- Set Specific Action Plans Based on Today's Learning
- Set Video Conference Meetings with Groups for Accountability
- Point Specific Cases toward Professional Counseling Services for Additional Follow Up

**NOTES**